



7 Monomoy National Wildlife Refuge

There is a 0.75 mile walk, with additional side trails, through beach, sand, dunes, forest, salt marsh and tidal flats. Overlooks offer stunning views of South Beach, the Atlantic and North and South Monomoy Islands. Shorebirds abound along the beaches. The trail is open to the public from a half hour before sunrise until a half hour after sunset. All plants and animals are protected on the Refuge; please stay on the trail and do not enter areas marked "area closed" or "beach closed". Please respect the neighbors' private property.

Handicap Parking and some spaces are available at the Visitors Center. Parking is also available on the Morris Island Road Dike. Walk up the hill to Wikis Way to the Wildlife Refuge entrance.