



1 Strong Island

Acquired in 1973 from the Horst family, Strong Island, with 75 acres of upland owned by CCF and 69 acres of Town-owned marsh, sits as the “gem” of Pleasant Bay. Located as it is in Pleasant Bay, the property has both the limitations of isolation from the Cape as a whole, and also the likelihood of unique migrational visitations. Birds and mammals are representative of the general area. The island-long 1.7 mile trail system winds through Pine and Oak woodlands filled with native shrubs and wildlife. Impressive vistas of the Atlantic Ocean, a barrier beach, salt ponds, marshland and Pleasant Bay are all around you as you walk. There is a pristine sandy beach on the north side of the island. A three acre private reserve is located on the northwestern end of the island. Please stay on the trail, observe all signs and respect the private residential area.

Please take great caution for poison ivy, ticks and summer greenhead flies. Boats may come ashore on the north and west sides. The waters around the island are shallow with strong tides and currents in the channel. Kayakers and canoers should use extreme caution.